



The Challenge and the Power of The High Holy Days for Modern Jews

With **Rabbi Steve Cohen**

Wednesday, October 1, 7:30-9 PM

Join Rabbi Cohen to penetrate beneath the surface of the old words and to make contact with the timeless spiritual messages of the Jewish High Holy Days.

Sisterhood Paid Up Membership Luncheon

with special guest,

Rabbi Steve Cohen



Sukkot:

Eternal Festival of Fire, Water, Sex, and Shelter

Wednesday, October 15 at 11 am

Lunch and Program followed by
Dessert in the Sukkah

RSVP to Wilma Chortkoff 967-4527 or
Natalie Gaynes 967-5803

Lifelong Learning at CBB

Opportunities for Adult Study *New Classes Begin this Month!*



Fundamentals of Judaism with Rabbi Suzy Stone

An in-depth look at the fundamental practices and principles of Judaism. A year long course for anyone who considers themselves a "beginner" and those preparing for conversion.

Free to CBB members - \$180 for community members
2 Sundays a month, 11 am-12 pm / October 12 and 26

Fundamentals of Jewish Prayer Through Text and Tunes

with **Cantor Mark Childs and
Rabbi Suzy Stone**

Each class takes an in-depth look
at a single prayer

Starting Sunday, 11 am-12 pm / October 19

The prayer: Ma Tovu

Schedule varies on Sundays and Wednesdays

Essential Kabbalah: The Heart of Jewish Mysticism with Rabbi Steve Cohen

A clear, down-to-earth,
to the classic sources



and accessible introduction
and ideas of the Jewish
mystical tradition

Thursday Mornings at 7:30-8:15 am / October 23

Mindfulness Meditation with Renee Golan

Intentional meditation time with inspiration from
Jewish sources

Thursday Mornings at 8:15-9 am / October 23



We Welcome Everyone to All Events and Services.

For more details see www.cbbsb.org or call 964-7869

View our Friday evening services via live stream at www.cbbsb.org and click on the live stream link.

OCTOBER

1 Wednesday

7:30 pm **Rabbi Cohen's High Holy Day Prep Class**

3 Friday **Kol Nidre**

4 Saturday **Yom Kippur**

5 Sunday

12:00 pm Stone Soup – prepare soup for those in need
2:00 pm Silk Painting in the Art Room
Toby Parisse Art Fund Education Program

6 Monday

3:00 pm **Five Wishes Workshop** *RSVP to jessica@cbbsb.org*

8 Wednesday **Erev Sukkot** *go to cbbsb.org for full schedule*

9 Thursday **Sukkot**

Office and BHY Closed

10:30 am Yom Tov Service in the Sukkah

10 Friday

5:30 pm **Tot Shabbat** followed by Dinner
6:00 pm Shabbat Evening Service followed by Oneg Shabbat
Special Guest: **Frederick Ndabaramiye**

12 Sunday

SUNDAY LIVE MORNING

8:45 am **Best Darn Breakfast, Period!**
9:45 am Speaker: **Richard Hecht** *see ad for details*
11:00 am **Fundamentals of Judaism** *see ad*

15 Wednesday **Erev Simchat Torah**

11:00 am **Sisterhood Paid Up Membership Luncheon**
7:00 pm **Simchat Torah Celebration**

16 Thursday **Simchat Torah**

Office and BHY Closed

10:30 am Yom Tov Service

17 Friday

6:00 pm Shabbat Evening Service
3rd Friday Ruach!

18 Saturday

10:30 am Shabbat Morning Service
Ari Birken Bar Mitzvah



19 Sunday

11:00 am **Fundamentals of Jewish Prayer**

20 Monday

7:00 pm **Advanced Beginner Hebrew** *see below*

22 Wednesday

7:00 pm **Intermediate Hebrew** *see below*
7:45 pm **Beginner Hebrew** *see below*

23 Thursday

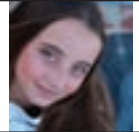
7:30 am **Essential Kabbalah**
8:15 am **Mindfulness Meditation**
12:00 pm **Short Story Group** with Mashey Bernstein
Contact Audrey@cbbsb.org for story

24 Friday

6:00 pm Shabbat Evening Service – **Noah Shabbat**

25 Saturday

10:30 am Shabbat Morning Service
Simone Stone Bat Mitzvah



26 Sunday

11:00 am **Fundamentals of Judaism** *see ad*
3:00 pm Mental Health Initiative Program

Adult hebrew

Classes meet weekly for 15 weeks

Fee: \$100 including books

RSVP to Audrey@cbbsb.org

Sign up by 2nd class – week of 10/27

Beginner: with Rabbi Steve Cohen
Wednesdays at 7:45-8:45 pm / October 22

Advanced Beginner: with Alisse Block
Mondays at 7-8:30 pm / October 20

Intermediate: with Alisse Block
Wednesdays at 7-8:30 pm / October 22

WEEKLY SCHEDULED EVENTS

Monday

6:00 pm Israeli Dancing at Oak Park

Tuesday

Noon Lunch & Learn at the home of Sylvia Glass
Call office for details

Tuesday contd.

7:00 pm Studio Toby. Join us and work on your craft project.
For more info: jana@paintjamusa.com

Friday

5:30 pm Pre-neg Wine & Cheese
6:00 pm Shabbat Service

Saturday

9:00 am Torah Study with Rabbi Cohen
10:30 am Shabbat Morning Service
12:30 pm Kiddush Lunch
See front cover for Lifelong Learning Classes

YOM KIPPUR

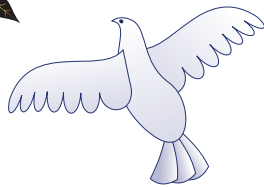
Friday, October 3

Kol Nidre Early Service

6:00 pm

Kol Nidre Late Service

8:15 pm



Saturday, October 4

Early Service Childcare

8:15 am at BHY Preschool

Early Service

8:30 am

Late Service Childcare

10:30 am at BHY Preschool

K-3 Youth Program

10:30 am in the Religious School

4th-6th Grade Program

10:30 am in the Religious School

Late Service

11:00 am

Afternoon Options

1:30 pm

Young Family Service

2:30 pm in Girsh Hochman Sanctuary

Afternoon Services*

3:30 pm

**Traditional and Alternative options*

Yizkor

5:15 pm approx.

Ne'ilah

6:00 pm approx.

Services end approx. 7:00 pm

BREAK FASTS

Saturday, October 4

Community Break Fast

7:15 pm following Ne'ilah

At the home of Barbara and David Mizes

4885 Via Los Santos, Down the road from CBB

RSVP to Elizabeth@cbbsb.org, or (805) 964-7869 x111

Tribe Break Fast for 20s-30s

Info and RSVP to Rachel@cbbsb.org



SUKKOT

Wednesday, October 8 – Thursday, October 14

To see all events in the Sukkah go to www.cbbsb.org

Saturday, October 11

Sukkah Hop – OFF SITE

4:30-6:30 pm

(Visit sukkahs in members homes)

Havdallah at Hendry's Beach

7:30 pm

RSVP to jana@paintjamusa.com

Tuesday, October 14

Baby Boomers Mix and Mingle Happy Hour 5-7 pm in the CBB Sukkah

RSVP to Rachel@cbbsb.org

SIMCHAT TORAH

Wednesday, October 15

7 PM

The Torah scroll is unrolled and this past year's Bar & Bat Mitzvah chant from their Torah portion. Celebrate with dancing and joy!

Learn about:

**SANTA BARBARA
VILLAGE**

Support Services for Independent Seniors

October 20, 2 - 4 pm

Santa Barbara Village is a non-profit organization committed to providing tools seniors need to remain in their homes. Addressing practical, social, cultural, and educational interests. Come and find out how you can benefit!

Sponsored by Sisterhood

Tot Shabbat

at congregation b'nai b'rith

Friday, October 10 at 5:30 pm

A short, interactive service followed by dinner
2nd Friday of the month

Noah Shabbat and

Kindergarten Consecration

Friday, October 24 at 6 pm

Bring the children for a story
and parade at the beginning
of the service

RSVP details in weekly email. For info contact
Patrick at BHYassistant@cbbsb.org or 967-6619

The Althea Stroum and Pat Glazer Memorial

November
7-9

CBB Family Camp

**Unplug and get away
for a fun-filled family weekend**

*Located at the beautiful
Brandeis-Bardin Campus in Simi Valley*

**RSVP now to reserve a spot for
YOUR family! Sign up at cbbsb.org**

*Thanks to a generous grant from The Jay and Marsha Glazer
Foundation, the weekend is affordable for everyone!*

Congregation B'nai Brith

1000 San Antonio Creek Road
Santa Barbara, CA 93111

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SAVE THE DATE

Gala Celebrating Rabbi Cohen's 10th anniversary at CBB

Saturday Night, January 24, 2015
at Bacara Resort & Spa

COMING IN NOVEMBER:

Nov 16 Toby's Mah Jong Tournament

Nov 23 Jewish Book Club

The Magician of Lublin

address service requested

Frederick Ndabaramiye

Director, Ubumwe Center
& Preschool visits CBB on
Friday, October 10th



SUNDAY LIVE MORNING

Richard D. Hecht

Ph.D, Professor of
Religious Studies, UCSB



OCTOBER 12

8:45 AM Best Darn Breakfast, Period!

9:45 AM Speaker

WE ARE ALL POLISH JEWS NOW

Richard has an interest for the deep contextualization of religion in its lived environments and most centrally the intersections of religion, politics, and culture. His work is comparative and multidisciplinary.

SML IN NOVEMBER:

Nov 2 SML with Steve Amerikaner

If Israel Can Irrigate Its Desert, Why Can't California?

CBB's Mental Health Initiative presents:

Unmasking the Hidden World of Mental Illness An Interactive Discussion about STIGMA

Sunday
October 26
3 to 5 PM



**Special Guests: Rabbi Steve Cohen,
Barbara Kuhn, LCSW-Director of Jewish
Family Services, and World Café facilitator,
Elizabeth Gaynes**

The mission of CBB's Mental Health Initiative is to reduce the stigma of mental illness by supporting congregants and their families through education and by promoting emotional and spiritual wellness.